

ESAA – RUNNING IN THE FAMILY

JOHN MACKIE

ESAA – RUNNING IN THE FAMILY

BACKGROUND

Over 250,000 children have competed at English Schools Championships in 100 years with 21,792 medals having been issued in the 7,270 individual events. The Championships were started in 1925 under the auspices of the ***Schools' Athletic Association (SAA)***. The name of the Association was changed in 1961 to be the ***English Schools' Athletic Association (ESAA)***.

Often more than one member of a family has competed in the championships and frequently more than one at a single championship. **For the purposes of this document I have only included instances of family members who have finished in the first 3 of an event.** The names of relay medallists sadly are not specified in the ESAA results but I have found around 15% of them so a few appear in the document.

I have added an index, not because the document is particularly big, but to allow an easy way of seeing at a glance just who is included by county.

It is difficult (perhaps an impossible task !) to find all of the family connections in 15,000 plus different ESAA medallists in over 100 years of competition so I would be delighted if you would get in touch to inform me of any omissions and corrections via the email address in the ***Contact Page***.

Perhaps the title of this document should be *"Running, Walking, Jumping and Throwing in the Family"* judging by those named in the document but I liked the title.

DIFFERENT GENERATIONS

MOTHER, FATHER, DAUGHTER and GRANDDAUGHTER

Valerie Webster – Surrey (1948 and 1949 I LJ-1 and 1948 I 4x110y-1, 1950 S LJ-1), Alan McGee – Surrey (1951 S 220y-2), Nicola McGee – Surrey (1975 J 4x100m-1, 1977 I LJ-2, 1979 S LJ-2) and Emily Diamond – Avon (2007 I 200m-2, 2008 S 200m-2, 2009 S 200m-1)

Just over a month after winning the first ESAA Senior Girls Long Jump, and still only 17, Valerie was 7th in the 1950 European Championships. Her granddaughter, Emily, was the British 400 champion in 2016 and won 4 x 400m relay medals at the Olympic Games, World Championships, European Championships and Commonwealth Games.

MOTHER, SON and GRANDSON

Margaret Allum – Suffolk (1954 U14 70yH-1), Jon Ridgeon - Suffolk (1983 I 100mH-1 and 1984 S 110mH-1), Noah Ridgeon – London (2021 J 300m-3)

Jon Ridgeon was the 1987 British 110m hurdles champion and won the silver medal in the 1987 World Championships. The following year he finished 5th in the Olympic Games. In 1996 he won the British 400m hurdles title. Jon is the CEO of World Athletics.

MOTHER, FATHER, AND SON - CHAMPIONS

Sally Gunnell – Essex (1980 J LJ, 1983 and 1984 S 100mH), Jon Bigg – Sussex (1982 I 800m-1) and Finley Bigg – Sussex (2016 S 800m-1)

Sally had an incredible career including a literally golden 2-year spell winning the 400m hurdles titles at the 1992 Olympic Games; the 1993 World Championships (in a World record time of 52.74 seconds); the 1994 European Championships and the 1994 Commonwealth Games. She also won 4 x 400m relay medals at all of those championships.

ESAA – RUNNING IN THE FAMILY

MOTHER, FATHER AND SON - MEDALLISTS

Tracy Joseph (née Goddard) – Hampshire (1984 J 200m-3, 1986 I 200m-1 and 1987 S 400m-1), Rafer Joseph – Buckinghamshire (1985 S DT-3), and Caius Joseph – Hampshire (2017 S DEC-1)

Rafer won the 1998 UK Decathlon title and represented England in 2 Commonwealth Games, in 1994 (6th place) and 1998 (dnf). Tracy won a bronze medal in the 4 x 400m relay in the 1993 World Championships and a gold medal in the 4 x 400m relay at the 1994 Commonwealth Games.

Sonia Lannaman – Warwickshire (1968, 1969 and 1970 J 100m-1, 1973 S 100m-1), Mike Garmston – Staffordshire (1974 J 200m-1 and 1978 S 400mH-1) and Bradley Garmston – West Midlands (2008 J 200m-2)

Sonia had a glittering athletics career winning 4 x 100m relay medals at the 1980 Olympic Games, the 1978 European Championships and at 3 successive Commonwealth Games, 1974, 1982 and 1986. She also won the 1978 Commonwealth Games 100m title and 3 British sprint titles. Her husband Mike was the Head Physiotherapist of the GB athletics teams at 3 Olympic Games, in 1992, 1996 and 2000. Bradley went on to play professional football and represented the Republic of Ireland at Under-21 level.

MOTHER AND DAUGHTER - CHAMPIONS

Muriel Pletts – Yorkshire (1946 U16 100y-1) and Sue Hearnshaw - Avon (1975 J LJ-3) and Humberside (1976 and 1977 I LJ-1, 1978 and 1979 S LJ-1)

Muriel finished 4th in the 1948 Olympic Games 4 x 100m relay, only 0.2 of a second behind 3rd-placed Canada. Her daughter Sue was the 1979 and 1984 British long jump champion and won the long jump bronze medal in the 1984 Olympic Games. She had previously finished 9th in the 1980 Olympics, 4th in the 1978 Commonwealth Games and 5th 4 years later.

MOTHER AND DAUGHTER - MEDALLISTS

Barbara Sullivan – London (1956 I 150y-2) and Linda Keough – Hampshire (1979 and 1980 I 400m-1, 1981 S 400m-3)

Linda was British 400m champion from 1987 to 1989 and won 4 x 400m relay medals at the World Championships, European Championships and the Commonwealth Games. She also represented Great Britain at the 1988 Olympic Games.

Margaret O'Rawe – Essex (1984 I 3k Walk-3) and Chelsea O'Rawe-Hobbs – Essex (2005 J 3k Walk-2, 2006 I 3k Walk-1, 2007 I 3k Walk-2, 2008 S 5k Walk-2)

Sadly Chelsea was killed in a road accident in September, 2020, aged only 29.

Gladys Taylor – Essex (1970 S 200m-2 and 1971 S 200m-3) and Tara Bird – Essex (2002 and 2003 I 300m-1 and 2004 S 400m-1)

Gladys went on to finish 4th in the 1982 Commonwealth Games.

MOTHER AND 2 SONS - MEDALLISTS

Verity Larby (later Snook) – Hampshire (1987 I 3k Walk-2 and 1988 S 5k Walk-2), Tim Snook - Surrey (2012 J 3k Walk-3), Chris Snook – Surrey (2013 and 2014 J 3k Walk-1, 2015 and 2016 I 5k Walk-1, 2017 and 2018 5k Walk-1)

MOTHER AND SON - MEDALLISTS

Ivy Bigwood – London (1934 U14 100y-2 and 4x100y-3) and Andy Todd – Sussex (1965 S 120y-1 and 1967 S 440y-1)

Andy won the 1969 European Championship 400m hurdles bronze medal.

ESAA – RUNNING IN THE FAMILY

Mary Stewart – Warwickshire (1970 J CC-2, 1970 J 800m-2 and 1971 I-1) and Adam Cotton – Staffordshire (2008 I 800m-2)

Mary represented Scotland when finishing 4th in the 1974 Commonwealth Games 1500m and 4 years later represented England when winning the title. Her son, Adam, won the European Junior 1500m title in 2011. was the

FATHER, DAUGHTER and SON - MEDALLISTS

Paul Head – Essex (1979 J HT-2, 1980 I HT-1, 1981 I HT-1, 1982 S HT-2, 1983 S HT-1) and Katie Head - Essex (2014 J HT-1, 2015 and 2016 I HT-1) and Thomas Head -- Essex (2012 I HT-2, 2013 and 2014 S HT-2)

Paul won 3 British hammer throw titles in the 1990s and competed at 4 successive Commonwealth Games from 1990 to 2002, winning medals in 1994 (silver) and 2002 (bronze). He also represented Great Britain in the 1992 Olympic Games, 2 World Championships and a European Championship. Katie was 3rd in the British Championship in 2022 and 2024.

FATHER AND DAUGHTER - CHAMPIONS

Eldon Lake – Berkshire (1983 J TJ and 1987 S TJ) and Morgan Lake – Buckinghamshire (2010 J LJ and 2010 J PEN) and representing Berkshire (2012 I LJ)

In 2025 Morgan became the first British women to clear 2 metres in the high jump. 11 years earlier she was a double champion at the World Junior Championships when taking the Heptathlon and High Jump titles. She won a silver medal in the 2018 Commonwealth Games and won the British high jump title 10 times in a row from 2016 to 2025.

Andy Ashurst – Gtr. Manchester (1983 S PV) and Sophie Ashurst - Gtr. Manchester (2017 J PV, 2019 I PV and 2021 S PV)

Andy won the British pole vault title in 1994 and won the Commonwealth Games title on the first of his 3 appearances at the Games. Sophie was 3rd in the 2020 and 2024 British Championships.

Emeka Udechuku – London (1993 J DT, 1994 and 1995 I DT, 1996 and 1997 DT) and Adanna Udechuku - Essex (2025 J SP and 2026 I DT-3)

Frank Attoh – Middlesex (1971 I TJ) and Jade Attoh – Middlesex (2008 I TJ)

Brian Hooper – Surrey (1970 and 1971 S PV) and Tilly Hooper – Surrey (2014 I PV)

Brian's younger brother, Richard, also won pole vault bronze medals for Surrey in the 1979 Intermediate event and the 1981 Senior event. Brian's cousin, David Hooper, also won pole vault medals for Surrey in every age-group in the years 1976 to 1979: Junior silver in 1976; Intermediate silver in 1978 and Senior bronze in 1979.

Brian won the British Championships pole vault 3 times, in 1973, 1980 and 1986. He also won 2 Commonwealth Games bronze medals (in 1974 and 1978 and represented Great Britain at 2 Olympic Games and 2 European Championships. Tilly has finished 2nd and 3rd at the 2025 and 2026 British Championships respectively.

FATHER, SON AND FATHER'S SISTER – MEDALLISTS AT DIFFERENT CHAMPIONSHIPS

Simon Biddlecombe - Berkshire (1988 J DT-1 and 1990 I DT-1), Liam Biddlecombe - Somerset (2006 J DT-3, 2007 J DT-3, 2009 I DT-2) and Sandra Biddlecombe - Berkshire (1991 J DT-2)

FATHER and 2 SONS (MEDALLISTS AT SAME CHAMPIONSHIP – twice)

Billy Dee - Hertfordshire (1980 S 1500m-3) and sons Liam Dee - Hertfordshire (2012 I 1500m-2 and 2014 S 1500m-3) and Jamie Dee - Hertfordshire (2012 J 1500m-3 and 2014 I 3000m-3)

Billy won the 1992 Inter-Counties title. Jamie was also the 2012 Junior CC champion and won the silver in the 2016 Senior CC. Jamie and Liam's mother, Nicky Morris, won the 1989 European Indoor 3000m silver medal.

ESAA – RUNNING IN THE FAMILY

FATHER AND DAUGHTER - MEDALLISTS

Tom Merry – Worcestershire (1959 I TJ-2) and Katharine Merry – Warwickshire (1987 J LJ-3, 1988 J PEN-1, 1988 J LJ-2, 1989 J 100m-1, 1990 I 100m-1, 1991 I 200m-1)

Scott Rider – Hertfordshire (1996 S DT-2) and Isabelle Rider – Kent (2025 J DT-1 and 2026 I DT-2)

FATHER AND SON - CHAMPIONS

Steve Partington – Merseyside (1984 10k Walk) and Tom Partington – Merseyside (2016 S 5k Walk)

Steve competed in 6 Commonwealth Games for the Isle of Man.

FATHER AND SON - MEDALLISTS

Christopher Carter – Sussex (1959 I 880y-3) and Richard – Sussex (1981 I 3000m- 2, 1982 and 1983 S 5000m-1 and 1983 S CC-1)

Chris Carter represented Great Britain at the 1964 and 1968 Olympic Games. He also ran for England in the 1966 Commonwealth Games finishing 5th in the final of the 880 yards.

4 SIBLINGS

4 SIBLINGS – MEDALLISTS IN 4 CONSECUTIVE YEARS

All from West Midlands : Edirin Okoro (2005 I 100mH-3); Ejiro Okoro (2006 I 800m); Ese Okoro (2006 I 300mH-2 and 2007 S 400m-1} and Onajite Okoro (2008 I HJ-3 and 2010 S HJ-3)

Ejiro and Ese are twin sisters of younger brother Edirin and older brother Onajite.

3 SIBLINGS

3 SIBLINGS – CHAMPIONS

All South Yorkshire : Susan Ashforth (1984 J 2.5 Walk), Joanne Ashforth (1986 J 2.5k Walk) and Ian Ashforth (1984 I 5k Walk and 1986 S 10k Walk)

All Sussex : Amy Hales (1995-1998), Matthew Hales (1993-1995, 1997-98) and Sophie Hales (1999-2002)

3 SIBLINGS – MEDALLISTS IN THE 3-AGE GROUPS AT ONE CHAMPIONSHIP

All Northamptonshire in 2025 : Lily (Junior) , Isaac (Intermediate) and Elliot Lloyd-Uzogebe (Senior) were all bronze medallists in the Mixed Relays.

3 SIBLINGS – All MEDALLISTS IN ONE CHAMPIONSHIP

All from West Midlands in 2002 : Garry Hambridge Senior 5K Walk silver, Mark Hambridge Junior 3k Walk bronze and Simon Hambridge (Junior silver)

Mark and Simon were twin brothers of elder brother Garry. They each contributed to a total of 11 ESAA medals for the family from 2002 to 2007. All of the medals were won for West Midlands except for Simon's Senior win in 2007 which was in Warwickshire's colours.

3 SIBLINGS – MEDALLISTS IN 5 CONSECUTIVE YEARS

All from West Midlands : Peter Weir – West Midlands (1978 J DT-3, 1980 I SP-1, 1981 S DT-2, 1982 S DT-1), Bob Weir - West Midlands (1978 S DT-2, 1979 S HT-2) and Ray Weir - West Midlands (1980 S SP-3)

Bob's daughter, Lilian, won the 2022 Commonwealth Games Hammer Throw bronze medal for Canada. 40 years earlier Bob won the Commonwealth Games men's Hammer Throw and in 1998 won the Commonwealth Games Discus title.

ESAA – RUNNING IN THE FAMILY

3 SIBLINGS – MEDALLISTS IN 3 CONSECUTIVE YEARS

All from Lincolnshire : Joe Dunderdale (2010 S JT-1 and 2011 S JT-2), Harun Dunderdale (2012 I 1500mST-1) and Hannah Dunderdale (2010 and 2011 I HEP-2)

All from Oxfordshire : Jackson Curtis (2009 I JT-3), Freddie Curtis (2010 I JT-3 and 2011 I JT-2) and Redford Curtis (2011 J JT-3)

3 SIBLINGS – MEDALLISTS OVER A 10-YEAR PERIOD

Robert Warren - Sussex (1995 J 3k Walk-3), Sally Warren - Sussex (1994 I 3k Walk-3 and 1996 S 5k Walk-2) and Peter Warren - Sussex (2000 J 3k Walk-3, 2001 J 3k Walk-2, 2002 I 5k Walk-3, 2004 and 2005 S 5k Walk-3)

TWINS

TWIN BROTHERS – CHAMPIONS AT DIFFERENT CHAMPIONSHIPS and MEDALLISTS in the SAME RACE

Daniel King – Essex (2000 S 5k Walk) and Dominic King - Essex (2001 S 5k Walk)

In Dominic's 2001 title win, Daniel was runner-up, 48 seconds behind his brother. Dominic was the British 5k Walk champion in 2004 and 2007 and represented Britain in the 2012 Olympics. Daniel won the British title in 2008 and finished 6th in the 2006 Commonwealth Games 20k Walk, one place in front of his brother

TWIN BROTHERS – MEDALLISTS IN SAME RACE – three times

Mark Hambridge – West Midlands (2002 J 3k Walk-3, 2005 I 3k Walk-3, 2006 S 5k Walk-3) and Simon Hambridge – West Midlands (2002 J 3k Walk-2, 2005 I 3k Walk-2, 2006 S 5k Walk-2)

TWIN BROTHERS – MEDALLISTS IN SAME RACE - twice

Dave Cotton - Warwickshire (1971 J Walk-1, 1972 I Walk-2, 1973 Walk I-2) and Mike Cotton (1971 Walk J-3, 1972 I Walk-3)

TWIN BROTHERS – MEDALLISTS IN SAME RACE - once

Allen Graffin - Kent (1994 I 3000m-2) and Andrew - Kent (1994 I 3000m-3)

They were also medallists at the 1996 ESAA Track and Field Championship in different events, Allen being the Senior 3000m champion with Andrew the bronze medallist. Andrew won the British Championship 3000m title in 1999 with his brother taking 3rd place in the same race. In the 3000m 2 years before, Allen was the leading British competitor in 2nd place. Andrew also won the 5000m title in 2003.

TWIN BROTHERS – MEDALLISTS AT THE SAME CHAMPIONSHIPS

David Powell - Derbyshire (1979 J 800m-3) and Michael Powell – Derbyshire (1979 J HJ-3, 1980 I J-2)

Evan Savage - Gtr. Manchester (2022 S 1500-2) and Elliot Savage - Gtr. Manchester (2022 S 800-2)

TWIN BROTHERS – MEDALLISTS AT DIFFERENT CHAMPIONSHIPS

Lee Crainie - Northamptonshire (1986 J CC-1) and Scott Crainie - Northamptonshire (1988 I CC-2)

TWIN SISTERS – CHAMPIONS AT THE SAME CHAMPIONSHIPS - twice

Cheriece Hylton - Kent (2012 I 300m and 2014 S 400m) and Shannon Hylton – Kent - - Kent (2012 I 200m and 2014 S 200m)

Cheriece was also the 2013 I 300m Champion.

TWIN SISTERS – CHAMPIONS AT THE SAME CHAMPIONSHIPS - once

Alicia Barrett - Derbyshire (2014 I 80mH) and Ella Barrett - Derbyshire (2014 I 300m)

ESAA – RUNNING IN THE FAMILY

Alicia won titles at all 3 age groups, the Junior 75mH in 2012, the Intermediate 80mH in 2013 and 2014 and the Senior 100mH in 2015. She went on to win the British 100mH title 3 times.

TWIN SISTERS – CHAMPIONS AT DIFFERENT CHAMPIONSHIPS and MEDALLISTS in the SAME RACES

Jojo Tulloh – Wiltshire (1986 J 1500m) and Katherine Tulloh - Wiltshire (1986 I 1500m)

Perhaps unsurprisingly they were also medallists in those races. Katherine was 3rd behind Jojo in her championship win while Jojo was 2nd behind Katherine in her championship win. Interestingly, the great Kelly Holmes finished 3rd behind the Tulloh sisters in the 1986 Girls Intermediate race.

Their father Bruce won the 1962 European Championships 5000m.

TWIN SISTERS – CHAMPIONS AT DIFFERENT CHAMPIONSHIPS and MEDALLISTS in SAME CHAMPIONSHIPS

Simone Gandy (later Laidlow) - Hampshire (1982 S 400mH) and Dawn Gandy - Hampshire (1983 S 400m)

In 1983 Simone was silver medallist in the Senior 400m hurdles and in 1982 Dawn was the won silver in the 400m.

TWIN SISTERS – MEDALLISTS IN THE SAME CHAMPIONSHIP RACE - twice

Jane Potter - Nottinghamshire (1999 S 3000m-1, 2000 S 3000m-2) and Juliet Potter - Nottinghamshire(1999 S 3000m-2, 2000 S 3000m-3)

Juliet also won the bronze medal in the 2000 Senior Cross Country.

TWIN SISTERS - MEDALLISTS IN THE SAME CHAMPIONSHIP RACE

Helen and Susan Williams - Surrey (1995 S 4x100m-1)

They were 2 of triplets with the other, Lizzie, 4th in the Senior 400m final at the same championship. Susan was also a medallist at 200m twice; the intermediate silver medallist in 1993 and the senior bronze medallist in 1994.

Lauren Wormley - Surrey (2023 S 800m-2) and Charlotte Wormley - Surrey (2023 S 800m-3)

TWIN SISTERS – MEDALLISTS IN THE SAME YEAR

Bryony Frost - Hampshire (2002 S CC-3) and Kathryn Frost - Hampshire(2002 S 3000m-3)

Gillian Stacey - Kent (1987 J CC-2, 1988 I 1500m-3, 1989 I CC-1, 1989 I 1500m-1) and Julie Stacey -Kent (1987 J 800m-3)

BROTHERS

BROTHERS – CHAMPIONS AT SAME CHAMPIONSHIP

Mahamed Mahamed – Hampshire (2015 S CC) and Zakariya Mahamed - Hampshire (2015 J CC)

Zakariya also won the Intermediate title 2 years later.

Chris Symonds – Oxfordshire (1985 J DT) and Matt Symonds - Oxfordshire (1985 S DT)

Matt was a 4-time ESAA champion winning the discus title at all 3 age groups.

Finley Dines - Suffolk (2026 I JT) and Jacob Dines - Suffolk (2026 J JT)

Glenn O'Brien - Warwickshire (1973 J JT-1, 1975 I JT-2) and Wayne O'Brien - Warwickshire (1973 I LJ-1)

ESAA – RUNNING IN THE FAMILY

Their father was a Decathlon Gold medallist in the 1964 Asian Games.

Steve Hollings – Yorkshire (1965 S 2000mST-2, 1966 S CC-1, 1966 S 2000mST-1) and Richard Hollings Yorkshire (1966 I 1M-1, 1968 S CC-2)

Steve went on to win the AAA 3000m steeplechase title in 1972 and 1973 and represented Great Britain in the 1972 Olympics.

BROTHERS – CHAMPIONS AT DIFFERENT CHAMPIONSHIP

Matthew Seddon – Berkshire (2010 J 1500m) and Zak Seddon – Berkshire (2010 1500mST)

Matthew kept the Intermediate 1500mST title in the family by winning the following year.

Nick Ball - Hampshire (2006 S 5k Walk) and Chris Ball - Hampshire (2001 J 3k Walk)

Nick is one of the few 6-time ESAA champions having won the Junior titles in 2001 and 2002, the Intermediate titles in 2003 and 2004 and the Senior titles in 2005 and 2006

Myles Richardson - Hampshire (2011 J 200m) and Owen Richardson - Hampshire (2014 I 400m)

Andrew Ethell - Leicestershire (1981 J 3k Walk) and Dave Ethell - Leicestershire (1983 and 1984 J 3k Walk)
Lloyd Finch - Leicestershire (1996 and 1997 J 3k Walk, 1999 I 5k Walk) and Luke Finch - Leicestershire & R (2001 and 2002 I 5k Walk, 2003 and 2004 5k Walk)

Donovan Capes – Lincolnshire (2019 J SP) and Lawson Capes – Lincolnshire (2022 and 2023 J SP, 2024 and 2025 I SP, 2026 S SP)

They are the grandsons of Geoff Capes.

Andrew Parker - North Yorkshire (1991 I 800m and 1994 S 800m) and David Parker - North Yorkshire (1995 and 1996 I JT, 1996 and 1997 S JT)

Callum Wilkinson – Suffolk (2013 I 5k Walk and 2014 S 5k Walk) and George Wilkinson – Suffolk (2017 I 5k Walk and 2019 S 5k Walk)

James Davis – Sussex (1999 J 3k Walk) and Luke Davis – Sussex (2000 J 3k Walk)

BROTHERS – MEDALLISTS AT SAME CHAMPIONSHIP IN SAME EVENT

Ed Dunford - Warwickshire (1999 – J PEN-1) and James Dunford - Warwickshire (1999 J PEN-3)

Ed won 9 ESAA titles from 1998 to 2003, 6 in Combined Events and 3 in Track & Field hurdles. These were made up of 2 Junior Pentathlon wins, 2 Intermediate Octathlon wins, 2 Senior Decathlon wins, 1 Junior 80mH win, 1 Intermediate 100mH win and 1 Senior 110m hurdles win. He even won an Intermediate silver medal and a Senior bronze in the sprint hurdles events.

BROTHERS – MEDALLISTS AT SAME CHAMPIONSHIP

Darren Walker – Cheshire (1992 S 200m-2) and Scott Walker – Cheshire (1992 J LJ-3)

Darren had won the Intermediate 200m silver the previous year. A few months later Scott won the Junior Boys Pentathlon title. He went on to win bronze in the 1994 Octathlon.

Connor Swan - Cornwall (2014 S JT-3) and Patrick Swan - Cornwall (2014 I DT-2)

Nigel Whorlow - Kent (1998 S 5k Walk-2) and Stephen Whorlow - Kent (1998 J 3k Walk-3)

Nigel won silver medals in every age group.

ESAA – RUNNING IN THE FAMILY

Alexander Abebrese - London (2021 J SP-3) and Ignatius Abebrese - London (2021 S TJ-3)

Nathan Adams – South Yorkshire (1998 I 5k Walk-1) and Simeon Adams – South Yorkshire (1998 J 3k Walk-2)

Their father, Brian Adams, finished in 11th place in the 1976 Olympic Games 20k Walk and in 4th place in the 1978 Commonwealth Games 30k Walk.

Berkay Altuntas – Wiltshire (2026 J DT-3) and Turkey Altuntas - Wiltshire (2026 I DT-2)

BROTHERS – MEDALLISTS IN DIFFERENT CHAMPIONSHIPS

E. Davis - Berkshire (1948 I 220y-1) and M. Davis Berkshire (1949 I 880y-3)

Andrew Grierson - Berkshire (1996 I HT-3 and 1997 S HT-1) and Gordon Grierson - Berkshire (2000 J HT-3 and 2002 I HT-2)

Martin Tinkler - Cambridgeshire (2005 J SP-3) and Dan Tinkler - Cambridgeshire (2006 and 2007 S SP-1)

Robert Bond - Devon (1986 I PV-3 and 1988 S DEC-2) and Jon Bond - Devon (1987 J HT-2 and 1989 I HT-2)

Christopher Awde – Essex (1999 J 80mH-2 and 2001 I OCT-3) and Daniel Awde – Essex (2006 S DEC-1)

Alex Law – Essex (2011 J LJ-2 and PEN-2) and Max Law - Essex (2015 and 2016 J JT-1, 2017 I JT-2, 2018 I JT-1, 2019 S JT-2)

Donald Carter– Gloucestershire (1955 J 100y-3, 1957 I 100y-2) and Alan Carter– Gloucestershire (1959 J SP-2, 1960 I SP-2, 1961 I SP-1, 1962 S SP-1)

Andrew Murphy - Hertfordshire (1996 I 1500mST-1) and Stephen Murphy - Hertfordshire (1977 J CC-3, 1999 I 1500mST-3 and 2001 S 2000mST-3)

Edric Williams - Huntingdonshire (1967 I 1M-2) and Kevin Williams - Huntingdonshire (1969 I 1000mST-1)

Ben Platt - Kent (2019 J PV-2) and Charlie Platt - Kent (2022 J PV-3 and 2023 J PV-1)

Darrell Smith - Kent (1983 I CC-2, 1983 I 300m-1) and Luke Smith - Kent (1984 J CC-2)

Amir Williamson - Kent (2003 I HT-2 and 2004 S HT-1) and Alistair Williamson - Kent (2006 S HT-3)

William Cox – Lancashire (1929 U14 220y-3) and Reginald Cox – Lancashire (1931 U14 220y-1)

John Cooper – Leicestershire (1957 I TJ-1) and Richard Cooper - Leicestershire (1959 I LJ-2, 1961 S LJ-3)

John went on to win 2 silver medals in the 1964 Olympic Games, in the 400m hurdles and the 4 x 400m relay. He also reached the semi-final of the 400m hurdles at the 1968 Olympic Games. Sadly John died in airline tragedy in 1974.

Elliott Powell – Leicestershire & R (2014 S 200m-3) and Rowan Powell – Leicestershire & R (2016 S LJ-2 and 2017 S LJ-1)

Christopher Baker - Norfolk (2005 J HJ-3, 2007 I HJ-1, 2008 S HJ-2 and 2009 S HJ-3) and Francis Baker - Norfolk (2005 S DEC-2 and 2006 S LJ-2)

Richard Baker - Oxfordshire (1988 S SP-1) and George Baker – Oxfordshire (1994 S SP-3 and 1995 S SP-2)

Together with their brother, Ken, they all competed in the 1990 ESAA T&F Championship, one in each age group of the Shot Put events. They finished as follows Richard (SB-6th), Ken (IB-7th) and George (JB-7th).

ESAA – RUNNING IN THE FAMILY

Paulos Asgodom - Middlesex (2011 J CC-2 and 2011 J 1500m-3) and Petros Asgodom – Middlesex (2013 I 1500m-2)

Sam Haughian - Middlesex (1995 I 3000m-3 and 1997 S 3000m-1) and Tim Haughian – Middlesex (2003 I 1500m-2)

Sam sadly died in a car accident while on an Olympic warm-weather training trip in South Africa in April, 2004. He was only 24. Sam won the British 10000m title in 2002 and the same year finished 5th in the Commonwealth Games 5000m.

Dempsey McGuigan - Middlesex (2011 S HT-3) and Fellan McGuigan - Middlesex (2010 J HT-3 and 2014 S HT-3)

Dempsey competed at the 2012 World Juniors and the 2014 and 2016 Commonwealth Games. Both competed for Ireland with Dempsey setting an Irish hammer throw record of 69.67m in 2012 at Lea Valley. Fellan competed in the 2015 European Junior Championship finishing in 15th place.

Anthony Zaidman - Middlesex (1976 J SP-1, 1977 and 1978 I SP-1 and 1979 and 1980 S SP-1) and Marc Zaidman - Middlesex (1979 J HT-2)

Peter Eyre - Northumberland (1989 J PV-2, 1991 I PV-2) and Chris Eyre - Northumberland (1990 J PV-1)

Alistair O'Connor - Staffordshire (1988 and 1989 S 2000mST -2, 1989 S CC-3, 1990 S CC-2 and 1990 S 2000mST-1) and Simon O'Connor - Staffordshire (1991 S 2000mST-3 and 1992 S 2000mST-2)

David Bunce - Sussex (1958 J SP-2, 1959 and 1960 I SP-3) and William Bunce – Sussex (1962 J SP-2)

Matthew Lasis - Sussex (2009 I HT-2) and James Lasis - Sussex (2014 S DT-3)

Richard Nunn - Sussex (1988 I 5k Walk-3) and Jamie Nunn - Sussex (1989 J 3k Walk-3 and 1990 J 3k Walk-1)

Owen Merrett - Wiltshire (2018 J HT-3, 2019 I HT-3, 2021 S HT-2, 2022 S HT-1) and Ciaran Merrett - Wiltshire (2024 J HT-3)

SISTERS

3 SISTERS – 2 CHAMPIONS and 8 MEDALS in 6 CHAMPIONSHIPS

All West Midlands : Iris, Josie and Poppy Oliarnyk. Iris (2016 J PEN-1 and 2018 I TJ-2), Poppy (2014 J LJ-2, 2015 I LJ-3, 2016 I LJ-2, 2017 S LJ-2, 2018 S LJ-1) and Poppy (2023 I TJ-3)

SISTERS – CHAMPIONS IN SAME CHAMPIONSHIP - twice

Shaikira King – Leicestershire & R (2021 and 2022 J 1500m) and Indienne King– Leicestershire & R (2021 and 2022 S 800m)

Shaikira also won the 2021 Junior Cross Country title, was runner-up in the 2023 and 2024 Intermediate Cross Country and the 2023 Intermediate 800m.

SISTERS – CHAMPIONS IN SAME CHAMPIONSHIP

Judy Oakes- Kent (1976 S SP-1) and Hazel Oakes- Kent (1976 S 400m-1)

Anne Hollman - Lincolnshire (1991 S HEP) and Julie Hollman - Lincolnshire- Lincolnshire (1991 J PEN)

Julie was also twice a Long Jump champion, winning the Intermediate title in 1993 and the Senior one in 1994.

Kiah Dubarry-Gray - London (2018 I 200m) and Nayanna Dubarry-Gray – London (2018 I 100m)

ESAA – RUNNING IN THE FAMILY

They also both won silver medals in the 2016 championship at Junior level.

Maureen de Giovanni - Surrey (1974 J 2k Walk) and Sylvana de Giovanni – Surrey (1974 S 5k Walk)

The sisters therefore won 2 of the 3 titles on offer at the inaugural ESAA Race Walking Championship. In 1977 Maureen went on to win the Senior title as her sister had done 3 years earlier.

SISTERS – CHAMPIONS IN DIFFERENT CHAMPIONSHIPS

Jessica Judd – Essex (2008 J 1500m-2, 2009 J 1500m-1 and J CC-1, 2010 and 2011 I 1500m-1 and I CC-1, 2012 S 1500m-2) and Jodie Judd - Essex (2016 S 1500m-1, 2017 S CC-2 and I 1500m-2)

Julie Mackay - Hertfordshire (1991 and 1992 I 3000m) and Kerry Mackay – Hertfordshire (1989 and 1990 I 3000m)

Jodie Williams - Hertfordshire (2007 and 2008 J 100m) and Hannah Williams – Hertfordshire (2016 S 400m)

Sharon Willicombe - Kent (1988 I CC and 1988 I 3000m) and Sarah Willicombe - Kent (1990 J 1500m and 1991 J 800m)

Sophie Lewis Ward – London (2013 J 3k Walk, 2015 I 3k Walk, 2016 S 5k Walk) and Lucy Lewis Ward – London (2016 J 3k Walk)

Gillian Spurgin - Staffordshire (1970 and 1971 J 200m) and Elizabeth Spurgin - Staffordshire (1973 J 800m)

Julia Bennett – Surrey (1988 S HJ) and Diana Bennett – Surrey (1992 S HEP)

Joscelynn Hopeson - Surrey (2003 and 2004 I 100m) and Twinelle Hopeson- Surrey (2007 I 200m)

Sophie Merritt- Wiltshire (2011 and 2012 J SP, 2013 S SP, 2014 S DT) and Ann Merritt – Wiltshire (2017 J DT)

Pamela Walker- Yorkshire (1963 S SP) and Helen Walker - Yorkshire (1965 S SP)

Helen also won the Intermediate Shot Put bronze medal in 1964.

SISTERS – MEDALLISTS IN SAME RACE

Bobby Clay - Kent (2012 I CC-1) and Alex Clay - Kent (2012 I CC-3)

They were also medallists at the 2012 Track and Field Championship in different events, Bobby being the Intermediate 1500m champion and Alex the silver medallist in the Intermediate 3000m.

SISTERS – MEDALLISTS IN SAME CHAMPIONSHIPS

Amina Ceesay – Essex (1999 S 200m-2) and Nusrat Ceesay – Essex (1999 S 400mH-3)

Heather Butcher – London (2014 I 3k Walk-1) and Evie Butcher – London (2014 J 3k Walk-2)

Heather was a 4-time Race-Walking Champion taking the Junior title in 2011 and 2012 and the Intermediate title in 2013 and 2014.

Georgina Oladapo – London (1981 J LJ-1) and Joyce Oladapo – London (1981 S LJ-2)

Georgina was a 3-time ESAA champion, also winning the Intermediate Long Jump in 1982 and the Intermediate 100m in 1983. Joyce went on to win the 1986 Commonwealth Games Long Jump title.

ESAA – RUNNING IN THE FAMILY

Jo Wise – Warwickshire (1985 J LJ-2, 1986 I LJ-2, 1987 I LJ-1, 1989 S LJ-2, 1990 S LJ-1) and Julia Wise – Warwickshire (1987 J 4x100m-3)

Jo became the Commonwealth long jump champion in 1998. She also competed in 2 Olympic Games (missed out on the final in 2000 by 1 centimetre) and 3 World Championships (finished 5th in 1999).

SISTERS – MEDALLISTS IN DIFFERENT CHAMPIONSHIPS

Jennifer Impett – Dorset (1993 I 100m-3) and Lindsay Impett – Dorset (1996 I 300m-2)

Jessica Hopkins – Essex (2016 J PEN-2, 2017 I SP-3, 2018 I HEP-1, 2019 S HEP-2) and Maegan Hopkins – Essex (2022 I SP-2)

Lisa Dobriskey – Kent (1997 J 800m-3, 1998 J 800m-1, 1999 I 800m-1, 1999 I CC-3, 2000 I 800m-2, 2001 S 1500m-1) and Sarah Dobriskey – Kent (2002 S HT-3)

Hayley Young – Lincolnshire (1994 J HJ-2 and 1995 I HJ-1) and Cathy Young – Lincolnshire (1996 J HJ-3)

Another younger sister, Vicky, was 22nd in the same event as her sister, Cathy.

Rebecca Linney – Merseyside (2008 I 800m-2 and 2011 S 800m-3) and Abigail Linney – Merseyside (2012 J 800m-3)

Hanna Tarver – Merseyside (2011 S 1500m-2) and Sophie Tarver – Merseyside (2016 S 1500m-2)

Ann Beldham – Middlesex (1962 and 1963 J SP-2, 1966 S SP-2) and Susan Beldham – Middlesex (1960 J 70yH-1, 1961 J 150y-3, 1964 S 80mH-1)

Claire Haslam – Middlesex (1978 J 100m-1, 1982 S 200m-2 and 1983 S 100m-2) and Mandy Haslam – Middlesex (1984 I 100m-3)

Linda Pears – Northumberland (1974 J LJ-1) and Carol Pears – Northumberland (1975 S LJ-2)

Jo Callaway – Staffordshire (2003 I 3000m-2) and Vicky Callaway – Staffordshire (2004 S CC-3)

Sue Morley – South Yorkshire (1977 S 100mH-3) and Kay Morley – South Yorkshire (1981 S 100mH-2)

Kay went on to win the 1990 Commonwealth Games 100m hurdles title for Wales beating 2 former ESAA champions, Sally Gunnell and Lesley Ann-Skeete, into 2nd and 3rd places. Sue won 2 WAAA 400m hurdles titles in 1980 and 1982 before finish 7th in the inaugural 1983 World Championships 400m hurdles.

Grace Cook – Sussex (2011 J 1500m-2) and Bethany Cook - Sussex (2017 and 2018 J CC-2, 2019 I CC-1, 2019 I 3000m-3, 2020 I CC-3)

Regina Joyce – Sussex (1971 J CC-3) and Monica Joyce (1973 I 800m-3, 1974 CC I-2, 1975 S CC-2 and 1975 S 1500m-2)

Regina won the WAAA 3000m in 1980 and her sister, Monica, 1982 and 1985 WAAA 5000m titles. They competed for England till 1982 when they switched to Ireland.

Karen Baker – West Midlands (1976 I 400m-3) and Lorraine Baker - West Midlands (1977 and 1978 J 800m-1, 1979 T 800m-1, 1979 I 800m-2)

Other sporting connections in the family : father Gerry Baker played football for the USA while uncle Joe Baker played football for England.

ESAA – RUNNING IN THE FAMILY

Hilary Gode – West Yorkshire (2021 S 100m-2 and 2022 S 100m-1) and Grace Gode - West Yorkshire (2025 and 2026 J 200m-2)

Hilary went on to win a 4 x 100m silver medal for France in the 2023 European Under-23 Championships.

BROTHER AND SISTER

BROTHER and SISTER - CHAMPIONS AT SAME CHAMPIONSHIP – TWICE

Alan Dainton– Essex (1972 I HJ-1, 1974 S HJ-1) and Teresa Dainton - Kent (1972 I HJ-1, 1973 I HJ-3=, 1974 I HJ-1)

BROTHER and SISTER - CHAMPIONS AT SAME CHAMPIONSHIP - ONCE

Roger Newton - Hampshire (1970 J 800m-1, 1971 I 800m-3) and Margaret Newton - Hampshire (1970 S 800m-1)

Michael Tagg - Norfolk (1961 J 1M-1) and Mary Tagg – Norfolk (1961 S 880y-1)

They won their ESAA titles with 30 minutes. They represented Great Britain at the same Olympics (1968) where Mike finished 13th in the 10,000m and Mary, now Mary Green, reached the semi-finals of the 400m. Mike won a silver medal in the 10,000m at the 1969 European Championships.

Sam Mace – Surrey (2015 J HT) and Sophie Mace - Surrey (2015 I HT)

Sam was also the Senior HT champion in 2019 with his older sister also winning the 2012 and 2013 Junior HT titles.

Grant Ringshaw – Sussex (1982 J 3k Walk) and Helen Ringshaw - Sussex (1982 I 3k Walk)

Grant and Helen also both won bronze medals in the Junior walks at the 1980 ESAA Championships.

BROTHER and SISTER - CHAMPIONS AT DIFFERENT CHAMPIONSHIPS

Zane Duquemin - Channel Islands (2008 I DT) and Shadine Duquemin – Channel Islands (2011 I DT and 2013 S DT)

Christian Hopper – - Kent (2022 S 5k Walk) and Hannah Hopper – Kent (2021 S 3k Walk)

Competing for London, Christian and Hannah were also medallists at the same championship in 2019. Christian won the Junior 3k Walk and Hannah the silver medal in the Intermediate 3k Walk.

Alex Nelson – Staffordshire (2002 J 100m and 2003 I 100m) and Ashleigh Nelson – Staffordshire (2004 and 2005 J 100m and 2006 I 100m)

Following medals at the World and European Junior Championships Alex sadly had to retire at 23 because of injuries. Ashleigh went on to win the Bronze medal in the 2014 European Championships and 4 x 100m relay medals at the World Championships, European Championships and Commonwealth Games.

Raymond Burke – Surrey (1986 I 100m) and Sharron Burke – Surrey (1984 and 1985 S 100m)

Note that Raymond was also a silver medallist at the same championship as his sister on 2 occasions, in 1984 in the Junior 100m and in 1985 in the Intermediate 100m.

Joe Ive – Surrey (2005 S PV) and Jade Ive – Surrey (2007 I PV)

Brian Hull – Sussex (1966 I TJ and 1969 S TJ) and Ann Hull – Sussex (1970 J HJ)

ESAA – RUNNING IN THE FAMILY

John Farmer – Sussex (1955 J DT and 1957 I DT) and Suzanne Farmer – Sussex (1950 and 1951 I DT, 1952 S DT)

Gareth Brown – Sussex (1987 10k Walk) and Sarah Brown – Sussex (1979 J 2.5k Walk, 1980 and 1981 3k Walk, 1982 and 1983 5k Walk).

Gareth was also a bronze medallist and silver medallist at the 1981 and 1982 Junior 2.5k Walks when his older sister was winning 2 of her 5 championships.

BROTHER and SISTER – MEDALLISTS AT SAME CHAMPIONSHIPS - TWICE

Fynley Caudery - Cornwall (2015 I PV-3 and 2017 S PV-2) and Molly Caudery - Cornwall (2015 I PV-1 and 2017 S PV-1)

Stephen Lawrence - Lancashire (1972 S 5000m-2, 1973 S-1500m-2) and Janet Lawrence – Lancashire to 1975 and 1976 for Merseyside (1971 J 800m-3, 1972 J CC-2, 1972 J 800m-1, 1973 J 800m-3, 1975 I 800m-2, 1976 S CC-1, 1976 S 800m-2)

BROTHER and SISTER – MEDALLISTS AT SAME CHAMPIONSHIPS - ONCE

Keith Higham- Cumbria (2000 J PV-2) and Stephanie Higham- Cumbria (2000 I HJ-3)

Nathan Wake - Hertfordshire (2007 I 400m-2) and Laura Wake - Hertfordshire (2007 I 200m-3)

Nathan also won the bronze medal in the 2006 Junior 400m while Laura was the Senior champion in the 2008 200m and 2009 400m events.

Joseph Reid - Merseyside (2014 S 400m-3) and Catherine Reid - Merseyside (2014 I 400m-2)

They are from the Isle of Man. Catherine went on to win the bronze medal in the 400m at the World Youth Championship. Isle of Man competitors were members of Merseyside teams until their own Association was formed in 2017.

Lewis Capes - Somerset (1989 S SP-3) and Emma Capes - Lincolnshire (1989 I SP-2)

Emma was an ESAA medallist 6 times and was the 1990 ESAA Intermediate shot put champion. Lewis went on to play American football for Colorado State University and for the London Monarchs.

Their father was Geoff Capes, arguably Britain's greatest shot putter, who finished 14th in the 1964 ESAA Junior shot put.

Guy Bailey - Warwickshire (1991 J 5k Walk-2, 1992 I 5k Walk-2, 1993 I 5k Walk-1) and Lorna Bailey - Warwickshire (1992 S 5k Walk-3)

Eddie Bowen - Warwickshire (1990 J 1500m-2) and Rachel Bowen - Warwickshire (1987 J 4x100m-3 and 1990 I 4x100m-2)

BROTHER and SISTER – MEDALLISTS AT DIFFERENT CHAMPIONSHIPS

Freddie Owsley - Avon (2013 I 400m-3) and Lily Owsley - Avon (2012 S 800m-2)

Freddie played Rugby 7's for Scotland and Lily hockey for England and Great Britain.

Jonathan Edwards - Cambridgeshire (2011 SP S-2) and Chloe Edwards - Cambridgeshire (2001 J SP-1, 2002 and 2003 I SP-1, 2004 and 2005 S SP-1)

Stuart Faben – Cambridgeshire (1994 S JT-2) and Alison Faben - Cambridgeshire (1990 and 1991 J DT-3, 1993 I DT-2, 1995 S DT-2)

ESAA – RUNNING IN THE FAMILY

Lee Doran – Cumbria (1999 J JT-2, 2000 and 2001 I JT-1, 2002 S JT-2, 2003 S JT-1) and Colette Doran - Cumbria (1998 J JT-2)

Jethro McGraw - Derbyshire (2012 J 800m-2) and Tamsin McGraw - Derbyshire (2018 S 800m-2)

Piers Copeland - Dorset (2016 S 1500m-3) and Grace Copeland - Dorset (2018 S 3000m-3)

Robert Runciman - Essex (2014 J PEN-2) and Laura Runciman - Essex (2015 J HT-2)

Tom Bosworth - Kent (2007 S 5k Walk-2) and Emily Bosworth - Kent (2003 I 3k Walk-2 and 2004 S 5k Walk-1)

Jan Irving - Merseyside (1994 and 1995 S LJ-3) and Ruth Irving - Merseyside (1990 I LJ-1, 1991 and 1992 S LJ-1)

Ketan Desai- Northumberland (1997 J 800m-1) and Nisha Desai - Northumberland (2002 S 800m-2)

Norman Morrison - Surrey (1967 I 1M-2) and Noreen Morrison - (1968 J HJ-2)

Joe Hutchinson - Wiltshire (2007 J 200m-1, 2007 J PEN-1 and 2010 S DEC-1) and Emily Hutchinson - Wiltshire - (2014 S SP-3)

BROTHER and SISTER – CHAMPIONS IN DIFFERENT CHAMPIONSHIPS

Eri Njoku – Cambridgeshire (1968 S TJ-1) and Nnena Njoku – Lancashire (1969 J 80yH-1, 1970 I 80mH-3, 1971 I SP-1, 1973 S LJ-3)

Jeffrey Christie – Warwickshire (1999 I 400mH and 2000 S 400mH) and Jenny Christie - Warwickshire (2001 I 300m)

BROTHER and SISTER – MEDALLISTS IN DIFFERENT CHAMPIONSHIPS

Hector Newman – Berkshire (1936 and 1937 U14 75yH-2) and Ruth Newman– Berkshire (1934 U14 75yH-1)

Louis Kwakye - Essex (2006 S 100m-3) and Janette Kwakye – Essex (1997 J 100m-1, 1998 I 100m-3, 2001 S 100m-3)

David Herron – Lincolnshire (1970 S 400m-2) and Marie Herron - Lincolnshire (1966 S 880y-2)

Andrew Staniland – West Yorkshire (2004 S LJ-1) and Bethany Staniland - West Yorkshire (2004 I 300mH-2)

Andrew also won the 2003 Intermediate Octathlon championship and silver in the long jump the same year while Bethany also won the Intermediate Heptathlon bronze in 2004, Senior shot put bronze in 2005 and the 2006 Senior javelin silver.

ESAA – RUNNING IN THE FAMILY

INDEX

Avon		Devon	
Diamond, Emily	2	Bond, Jon	9
Hearnshaw, Sue	3	Bond, Robert.....	9
Owsley, Freddie	14	Dorset	
Owsley, Lily	14	Copeland, Grace	15
Berkshire		Copeland, Piers	15
Biddlecombe, Sandra	4	Impett, Jennifer	12
Biddlecombe, Simon	4	Impett, Lindsay	12
Davis, E.	9	Essex	
Davis, M.	9	Awde, Christopher	9
Grierson, Andrew	9	Awde, Daniel.....	9
Grierson, Gordon	9	Bird, Tara.....	3
Lake, Eldon	4	Ceesay, Amina.....	11
Lake, Morgan	4	Ceesay, Nusrat	11
Newman, Hector	15	Dainton, Alan	13
Newman, Ruth	15	Dainton, Teresa.....	13
Seddon, Matthew	8	Gunnell, Sally	2
Seddon, Zak.....	8	Head, Katie.....	4
Buckinghamshire		Head, Paul.....	4
Joseph, Rafer.....	3	Head, Thomas	4
Lake, Morgan	4	Hopkins, Janice	12
Cambridgeshire		Hopkins, Maegan	12
Edwards, Chloe	14	Judd, Jessica	11
Edwards, Jonathan	14	Judd, Jodie	11
Faben, Alison.....	14	King, Daniel	6
Faben, Stuart.....	14	King, Dominic.....	6
Njoku, Eri.....	15	Kwaky, Janette	15
Tinkler, Dan	9	Kwaky, Louis.....	15
Tinkler, Martin	9	Law, Alex.....	9
Channel Islands		Law, Max.....	9
Duquemin, Shadine.....	13	O’Rawe, Margaret.....	3
Duquemin, Shane.....	13	O’Rawe-Hobbs, Chelsea.....	3
Cheshire		Runciman, Laura	15
Walker, Darren.....	8	Runciman, Robert	15
Walker, Scott.....	8	Taylor, Gladys	3
Cornwall		Gloucestershire	
Caudery, Fynley.....	14	Carter, Alan	9
Caudery, Molly	14	Carter, Donald.....	9
Swan, Connor.....	8	Gtr. Manchester	
Swan, Patrick.....	8	Ashurst, Andy.....	4
Cumbria		Ashurst, Sophie	4
Doran, Colette	15	Savage, Elliot.....	6
Doran, Lee	15	Savage, Evan	6
Higham, Keith.....	14	Hampshire	
Higham, Stephanie	14	Ball, Chris	8
Derbyshire		Ball, Nick	8
Barrett, Alicia	6	Gandy (later Laidlow), Simone.....	7
Barrett, Ella	6	Gandy, Dawn.....	7
Powell, David.....	6	Goddard, Tracy	3
Powell, Michael.....	6	Joseph, Caius.....	3

ESAA – RUNNING IN THE FAMILY

Keough, Linda.....	3	Whorlow, Stephen.....	8
Larby (later Snook), Verity	3	Williamson, Alistair	9
Mahamed, Mahamed	7	Williamson, Amir	9
Mahamed, Zakariya	7	Willicombe, Sarah.....	11
Newton, Margaret	13	Willicombe, Sharon.....	11
Newton, Roger	13	Lancashire	
Richardson, Myles.....	8	Cox, Reginald	9
Richardson, Owen.....	8	Cox, William	9
Hampshire, Frost, Bryony	7	Lawrence, Janet	14
Hampshire, Frost, Kathryn	7	Lawrence, Stephen	14
Hertfordshire		Njoku, Nnena	15
Dee, Billy	4	Leicestershire	
Dee, Jamie.....	4	Cooper, John	9
Dee, Liam	4	Cooper, Richard	9
Mackay, Julie.....	11	Ethell, Andrew	8
Mackay, Kerry	11	Ethell, Dave.....	8
Murphy, Andrew	9	Finch, Lloyd	8
Murphy, Stephen	9	Leicestershire & R	
Rider, Scott.....	5	Finch, Luke	8
Wake, Laura	14	King, Indienne	10
Wake, Nathan	14	King, Shaikira.....	10
Williams, Hannah	11	Powell, Elliott.....	9
Williams, Jodie	11	Powell, Rowan	9
Humberside		Lincolnshire	
Hearnshaw, Sue	3	Capes, Donovan	8
Huntingdonshire		Capes, Emma	14
Williams, Edric.....	9	Capes, Geoff.....	14
Williams, Kevin.....	9	Capes, Lawson	8
Kent		Dunderdale, Joe.....	6
Bosworth, Emily	15	Dunderdale,Hannah.....	6
Bosworth, Tom.....	15	Dunderdale,Harun	6
Clay, Alex.....	11	Herron, David.....	15
Clay, Bobby.....	11	Herron, Marie	15
Dobriskey, Lisa	12	Hollman, Ann	10
Dobriskey, Sarah	12	Hollman, Julie	10
Graffin, Allen	6	Young, Cathy.....	12
Graffin, Andrew.....	6	Young, Hayley	12
Hopper, Christian	13	London	
Hopper, Hannah.....	13	Abebrese, Alexander	9
Hylton, Cheriece.....	6	Abebrese, Ignatius	9
Hylton, Shannon.....	6	Bigwood, Ivy.....	3
Oakes, Hazel.....	10	Butcher, Evie	11
Oakes, Judy	10	Butcher, Heather	11
Platt, Ben.....	9	Dubarry-Gray, Kiah	10
Platt, Charlie.....	9	Dubarry-Gray, Nayanna	10
Rider, Isabelle.....	5	Lewis Ward, Lucy	11
Smith, Darrell	9	Lewis Ward, Sophie	11
Smith, Luke.....	9	Oladapo, Georgina.....	11
Stacey, Gillian.....	7	Oladapo, Joyce.....	11
Stacey, Julie.....	7	Ridgeon, Noah	2
Whorlow, Nigel	8	Sullivan, Barbara	3

ESAA – RUNNING IN THE FAMILY

Udechuku, Adanna.....	4	Potter, Juliet.....	7
Udechuku, Emeka	4	Oxfordshire	
Merseyside		Baker, George	9
Irving, Jan	15	Baker, Ken	9
Irving, Ruth.....	15	Baker, Richard.....	9
Linney, Abigail	12	Curtis, Freddie.....	6
Linney, Rebecca	12	Curtis, Jackson	6
Partington, Steve	5	Curtis, Redford.....	6
Partington, Tom	5	Symonds, Chris.....	7
Reid, Catherine.....	14	Symonds, Matt.....	7
Reid, Joseph	14	Somerset	
Tarver, Hanna.....	12	Biddlecombe, Liam	4
Tarver, Sophie	12	Capes, Lewis.....	14
Middlesex		South Yorkshire	
Asgodom, Paulos.....	10	Adams, Nathan	9
Asgodom, Petros.....	10	Adams, Simeon	9
Attoth Frank	4	Ashforth, Ian	5
Attoth Jade	4	Ashforth, Joanne.....	5
Beldham, Ann.....	12	Ashforth, Susan.....	5
Beldham, Susan.....	12	Morley, Kay.....	12
Haslam, Claire	12	Morley, Sue.....	12
Haslam, Mandy	12	Staffordshire	
Haughian, Sam	10	Callaway, Jo.....	12
Haughian, Tim	10	Callaway, Vicky	12
McGuigan, Dempsey.....	10	Cotton, Adam.....	4
McGuigan, Fellan	10	Garmston, Mike	3
Zaidman, Anthony.....	10	Nelson, Alex	13
Zaidman, Marc	10	Nelson, Ashleigh	13
Norfolk		O'Connor, Alistair	10
Baker, Christopher	9	O'Connor, Simon.....	10
Baker, Francis.....	9	Spurgin, Elizabeth	11
Tagg, Mary	13	Spurgin, Gillian.....	11
Tagg, Michael.....	13	Suffolk	
North Yorkshire		Allum, Margaret.....	2
Parker, Andrew	8	Dines, Finley.....	7
Parker, David.....	8	Dines, Jacob	7
Northamptonshire		Ridgeon, Jon.....	2
Crainie, Lee.....	6	Wilkinson, Callum	8
Crainie, Scott.....	6	Wilkinson, George	8
Lloyd-Uzogebe, Elliot	5	Surrey	
Lloyd-Uzogebe, Isaac	5	Bennett, Diana	11
Lloyd-Uzogebe, Lily	5	Bennett, Julia	11
Northumberland		Burke, Raymond	13
Desai, Ketan	15	Burke, Sharron	13
Desai, Nisha.....	15	de Giovanni, Maureen	11
Eyre, Chris	10	de Giovanni, Sylvana.....	11
Eyre, Peter.....	10	Hooper, Brian.....	4
Pears, Carol	12	Hooper, David	4
Pears, Linda	12	Hooper, Richard.....	4
Nottinghamshire		Hooper, Tilly.....	4
Potter, Jane	7	Hopeson, Joscelynn	11

ESAA – RUNNING IN THE FAMILY

Hopeson, Twinelle.....	11	Bowen, Eddie	14
Ive, Jade	13	Bowen, Rachel	14
Ive, Joe	13	Christie, Jeffrey	15
Mace, Sam.....	13	Christie, Jenny.....	15
Mace, Sophie.....	13	Dunford, Ed.....	8
McGee, Alan.....	2	Dunford, James.....	8
McGee, Nicola.....	2	Lannaman, Sonia.....	3
Morrison, Noreen	15	Merry, Katherine.....	5
Morrison, Norman	15	O'Brien, Glenn	7
Snook, Chris.....	3	O'Brien, Wayne.....	7
Snook, Tim.....	3	Stewart, Mary	4
Webster, Valerie	2	Wise, Jo	12
Williams, Helen	7	Wise, Julia	12
Williams, Susan	7	West Midlands	
Wormley, Charlotte	7	Baker, Karen.....	12
Wormley, Lauren	7	Baker, Lorraine.....	12
Sussex		Cotton, Dave	6
Bigg, Finley	2	Cotton, Mike	6
Bigg, Jon	2	Garmston, Bradley	3
Brown, Gareth.....	14	Hambridge, Garry	5
Brown, Sarah.....	14	Hambridge, Mark.....	5, 6
Bunce, David	10	Hambridge, Simon	5, 6
Bunce, William	10	Okoro, Ederin.....	5
Carter, Christopher	5	Okoro, Ejiro.....	5
Carter, Richard	5	Okoro, Ese.....	5
Cook, Bethany	12	Okoro, Onajite	5
Cook, Grace	12	Oliarnyk, Iris.....	10
Davis, James.....	8	Oliarnyk, Josie.....	10
Davis, Luke	8	Oliarnyk, Poppy.....	10
Farmer, John	14	Weir, Bob	5
Farmer, Suzanne	14	Weir, Peter.....	5
Hales, Amy	5	Weir, Ray.....	5
Hales, Matthew.....	5	West Yorkshire	
Hales, Sophie.....	5	Gode, Grace	13
Hull, Ann.....	13	Gode, Hilary	13
Hull, Brian.....	13	Staniland, Andrew	15
Joyce, Monica.....	12	Staniland, Bethany.....	15
Joyce, Regina.....	12	Wiltshire	
Lasis, James	10	Altuntas, Berkay.....	9
Lasis, Matthew	10	Altuntas, Turkey.....	9
Nunn, Jamie	10	Hutchinson, Emily	15
Nunn, Richard	10	Hutchinson, Joe	15
Ringshaw, Grant.....	13	Merrett, Ciaran	10
Ringshaw, Helen.....	13	Merrett, Owen	10
Todd, Andy.....	3	Merritt, Ann	11
Warren, Peter	6	Merritt, Sophie.....	11
Warren, Robert	6	Tulloh, Jojo.....	7
Warren, Sally.....	6	Tulloh, Katherine	7
Warwickshire		Worcestershire	
Bailey, Guy	14	Merry, Tom	5
Bailey, Lorna.....	14	Yorkshire	

ESAA – RUNNING IN THE FAMILY

Hollings, Richard8
Hollings, Steve.....8
Pletts, Muriel.....3

Walker, Helen 11
Walker, Pamela..... 11